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**BIPOLAR DISORDER: MILLENNIUM NOTES FROM CAPPADOCIA**

22-23 October, 2012 Cappadocia, Nevşehir

**Day 1, Monday 22<sup>nd</sup>, 2012**

**– 9:15 – 10:45 Scientific Round I: Clinical Perspective (Chair: Eduard Vieta)**

*Prof.Dr.Rasmus W Licht “Investigator driven trials in bipolar disorder”*

*Prof.Dr.Gary Sachs “Lesson from tandem ratings & implications for interpreting clinical trial results”*

*Prof.Dr.Emanuel Severus “Methodological issues in randomized trials of bipolar depression”*

*Prof.Dr.Athanasios Koukopoulos “Mixed depression”*

*Prof.Dr.Kostas N. Fountoulakis “Antiepileptic drugs and suicidality”*

*Prof.Dr.Joseph Zohar “Comorbidity of OCD and bipolar disorder– Diagnostic challenges and treatment strategies”*

**– 10:45 – 11:00 Cafe Break**

**– 11:00 – 12:30 Scientific Round II: Treatment Perspective (Chair: Gary Sachs)**

*Prof.Dr.Heinz Grunze “Stimulants for treating bipolar disorder: pro and con”*

*Prof.Dr.Janusz Rybakowski “Factors associated with lithium efficacy in bipolar disorder”*

*Prof.Dr.Ayşegül Yıldız “Mixed treatment comparisons of antimanic drugs: Ranking by efficacy”*

*Prof.Dr.Eduard Vieta “Functional remediation of bipolar disorder”*

*Prof.Dr.Rajnish Mago “Adverse effects of mood stabilizers and their impact on nonadherence”*

*Prof.Dr.Francesc Colom “Impact of psychoeducation on treatment outcome in bipolar disorder”*

**Day 2, Tuesday 23<sup>rd</sup>, 2012**

**– 9:00 – 10:30 Scientific Round III: Critical Clinical Care of Mood Disorders (Chair: Nesrin Dilbaz)**

*Roundtable Discussion Forum Speakers (in Turkish):*

*Prof.Dr.Ahmet Ertan Tezcan “Treatment period and assessment of response in bipolar depression”*

*Prof.Dr.Asena Akdemir “Conducting clinical trials on bipolar disorder in Turkey”*

*Prof.Dr.Atila Erol “Factors effecting drug selection for treatment resistant unipolar depression”*

*Prof.Dr.Atila Soykan “Strategies for improving compliance in bipolar disorder”*

*Prof.Dr.Ayşegül Yıldız “Treatment of bipolar mania and mixed states”*  
*Prof.Dr.Aytekin Sır “Maintenance treatment in bipolar disorder”*  
*Prof.Dr.Behçet Coşar “Medical diseases and mortality in bipolar disorder”*  
*Prof. Dr.Çiçek Hocaoğlu “Treatment of bipolar disorder during pregnancy and postpartum period”*  
*Prof.Dr.Erdal Işık “Essentials of psychopharmacology in treatment of bipolar disorder”*  
*Prof.Dr.Haluk Savaş “Factors effecting psychotropic drug selection in bipolar depression”*  
*Prof.Dr.Hasan Herken “Genetic findings regarding diagnosis and treatment of bipolar disorder”*  
*Prof.Dr.Hüsnü Erkmén “Comorbidity of anxiety disorders and bipolar disorder”*  
*Prof.Dr.Işın Baral Kulaşızoğlu “Management of bipolar/unipolar depression in geriatric population”*  
*Prof.Dr.Kemal Sayar “Differences in treatment of bipolar I and bipolar II depression”*  
*Prof.Dr.Medaim Yanık “Substance and alcohol use in bipolar disorder: Effects of culture vs. biology”*  
*Prof.Dr.Mehmet Sungur “Background and aims of Cognitive Behavioral Therapy in bipolar disorder?”*  
*Prof.Dr.Mesut Çetin “Atypical antipsychotics in the treatment of bipolar and unipolar depression”*  
*Prof.Dr.Nesrin Dilbaz “Differences between bipolar and unipolar depression”*  
*Prof.Dr.Nevzat Tarhan “Neuromodulatory treatments in bipolar disorder”*  
*Prof.Dr.Oğuz Karamustafaoğlu “Relationship between conversion, dissociation, and bipolar disorder”*  
*Prof.Dr.Özcan Uzun “Drugs combinations for treatment-resistant unipolar depression”*  
*Prof.Dr.Servet Ebrinç “Innovations in management of treatment-resistant unipolar depression”*  
*Prof.Dr.Sunar Birsöz “Schizophrenia and bipolar disorder: Similarities and differences”*  
*Doç.Dr.Numan Konuk “Epidemiology of bipolar disorder”*  
*Doç.Dr.Vesile Şentürk “Bipolar disorder and cognitive functions”*  
*Doç.Dr.Yasin Bez “Innovations in treatment of bipolar depression”*  
*Uz.Dr.Atıl Mantar “Neurobiological fundamentals of bipolar disorder”*

– 10:30 – 10:45 *Cafe Break*

– 10:45 – 12:15 *Scientific Round IV: Pathophysiological Perspective (Chair: Ayşegül Yıldız)*

*Prof.Dr.Francesco Benedetti “Recent findings on white matter pathology in bipolar disorder”*  
*Prof.Dr.Dost Öngür “Postmortem findings in bipolar disorder”*  
*Prof.Dr.Allan Young “Understanding the pathophysiology of bipolar disorder”*  
*Prof.Dr.John Cookson “The role of dopamine in mania”*  
*Prof.Dr.Haim Einat “Modeling mania and understanding mood stabilizers efficacy”*  
*Prof.Dr.Thomas G. Schulze “Phenotypic and genetic findings from the consortium on lithium genetics (ConLiGen)”*

– 12:15 – 12:45 *Mini Conference on Bipolar History & Closing Reception*

*“Bipolar disorder and its pre-cursors from the era of Aretaeus of Cappadocia”*